

2024 Air Rescue Association Symposium Schedule



WEDNESDAY, 16 OCTOBER

1430-1730: ARA Check-in (POTOMAC ROOM, HOTEL)

1800-2100: Welcome Social (CAPITOL HILL/ADAMS MORGAN ROOMS, HOTEL)

THURSDAY, 17 OCTOBER

0630-0930: Breakfast on your own

0900-1600: **Option 1:** National Air and Space Museum tour (Udvar-Hazy); depart hotel NLT 0900*

*Meet in Hotel lobby 0830; ARA will coordinate transportation

Option 2: Explore D.C. on your own. ARA will provide free metro passes

1800-2030: On your own to explore Crystal City

FRIDAY, 18 OCTOBER

0630-0900: Breakfast on your own

0900-1500: Rescue briefs & Symposium with lunch ~1200 (CAPITOL HILL/ADAMS MORGAN ROOMS, HOTEL)

1700-2000: **Option 1:** Informal get-together at the Skydome Restaurant, (CRYSTAL CITY)

Option 2: On your own to explore Crystal City

SATURDAY, 19 OCTOBER

0600-1000: Breakfast on your own

0900-1000: ARA Board of Directors Meeting (CAPITOL HILL ROOM, HOTEL)

1000-1100: ARA General Membership Meeting (CAPITOL HILL ROOM, HOTEL)

1100-1300: TOMLF Board of Directors Meeting (CAPITOL HILL ROOM, HOTEL)

1300-1500: **OPTIONAL:** Visit to Vietnam Veterans Memorial; ARA will coordinate transportation

1700-1800: Cocktail hour (CAPITOL HILL/ADAMS MORGAN ROOMS HOTEL)

1800-2100: Gala & Awards Dinner (CAPITOL HILL/ADAMS MORGAN ROOMS, HOTEL)

HOSPITALITY ROOM: Opened nightly for camaraderie & late check-ins
(POTOMAC ROOM, HOTEL)

If you have any questions, call/text Chris "Skip" Barnett at 512-676-7726

DC Alternate Things To Do

Shopping

Fashion Centre @ Pentagon City
1100 S Hayes St, Arlington, VA 22202-4907
0.6 mile, 5 mins drive/ 11 min walk

Crystal City Shops At 1750
1756 Crystal Dr., Arlington, VA 22202
0.6 mile, 5 mins drive/ 11 min walk

Crystal Boutique
2160 Crystal Dr, Arlington, VA 22202
0.8 mile, 7 min drive/ 17 min walk

One More Page Books
2200 N Westmoreland Street #101, Arlington, VA
22213-1044
7.4 miles, 15 mins drive

Parks

Metropolitan Park
0.2 mile West of hotel, 4 min walk

Air Force Memorial
1 Air Force Memorial Dr, Arlington, VA 22204
2 miles, 10 min drive

Bon Air Park (Gardens)
850 N Lexington St, Arlington, VA 22205-1331
5.6 miles, 14 min drive

Restaurants

Makers Union National Landing
1450 S Eads St suite 65 Arlington, VA 22202
0.1 mile (across the street from hotel)

Whole Foods Market & Deli
520 12th St S Ste 100, Arlington, VA 22202
0.25 mile / 2 blocks away

Skydome Restaurant
300 Army Navy Dr, Arlington, VA 22202
0.5 mile walk / 3 blocks

Dunkin Donuts
1687 Crystal Dr Arc, Arlington, VA 22202
0.5 mile drive / 12 minute walk

La Bettola Italiano
558 23rd St S, Arlington, VA 22202
4.5 Blocks South of Hotel, 14 min walk

Wellness

Posh Salon
401 12th St South, Arlington
1.5 Blocks North of Hotel

Crystal Towers Hair & Nails
1600 S Eads St. Arlington
2 Blocks South of Hotel

Roosters Men's Grooming Center
554 12th St S, Arlington, VA 22202
2 Blocks NW of Hotel

Crystal City Cuts Barber Shop
529 23rd St S, Arlington, VA 22202
4.5 Blocks South of Hotel, 14 min walk

Dazzle Salon
1900 S Eads St, #100 Arlington
4 Blocks South of Hotel

BUBBLES Salon
Pentagon Centre, 1201 S Hayes St, Unit G
Arlington
10 min walk West of Hotel

Modern Day Spa
1100 S Hayes St, Arlington, VA 22202-4903
0.5 mile, 4 min drive

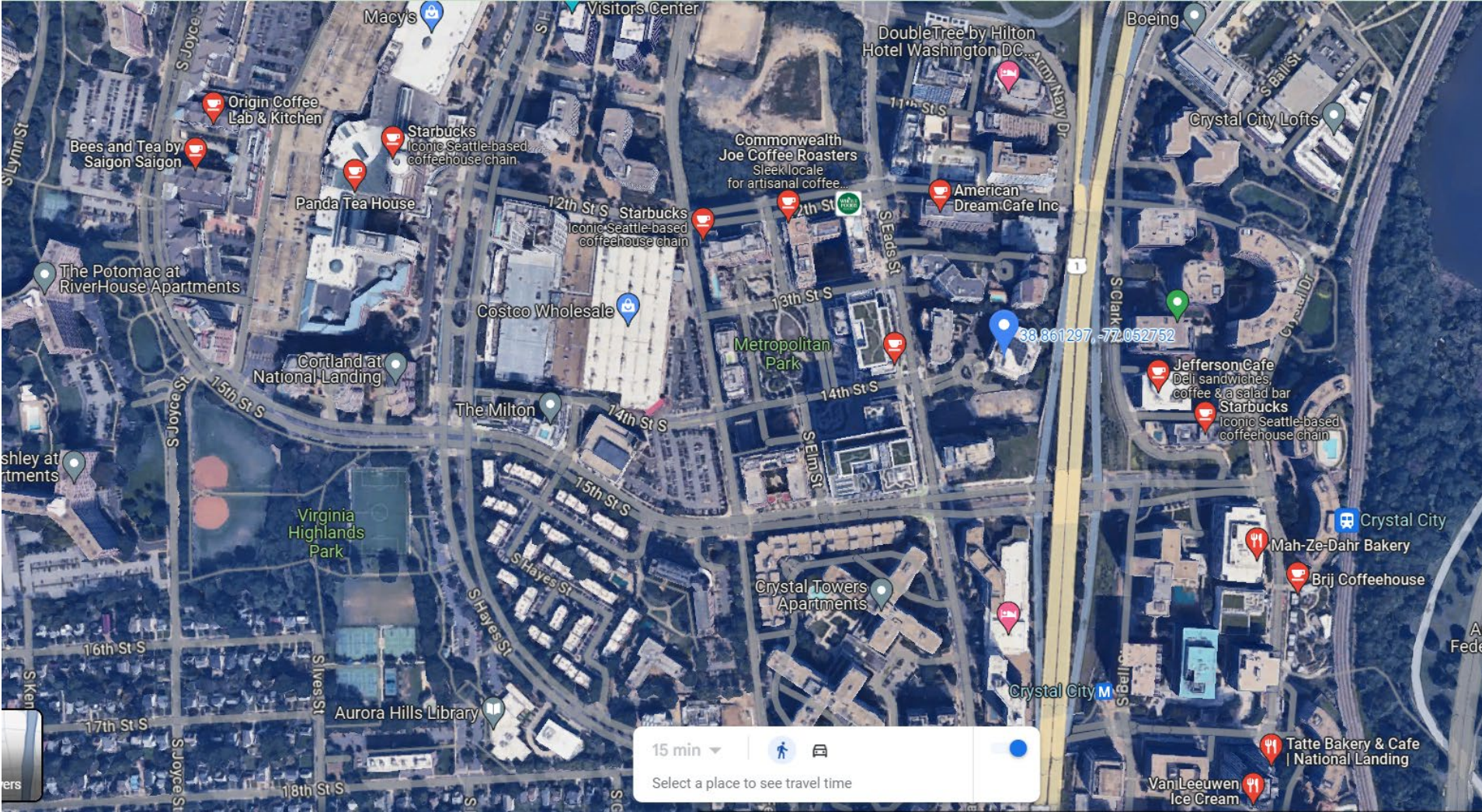
Elements Massage-SPA
1101 S Joyce St, Arlington, VA 22202-2059
0.8 mile, 12 mins drive/ 18 min walk

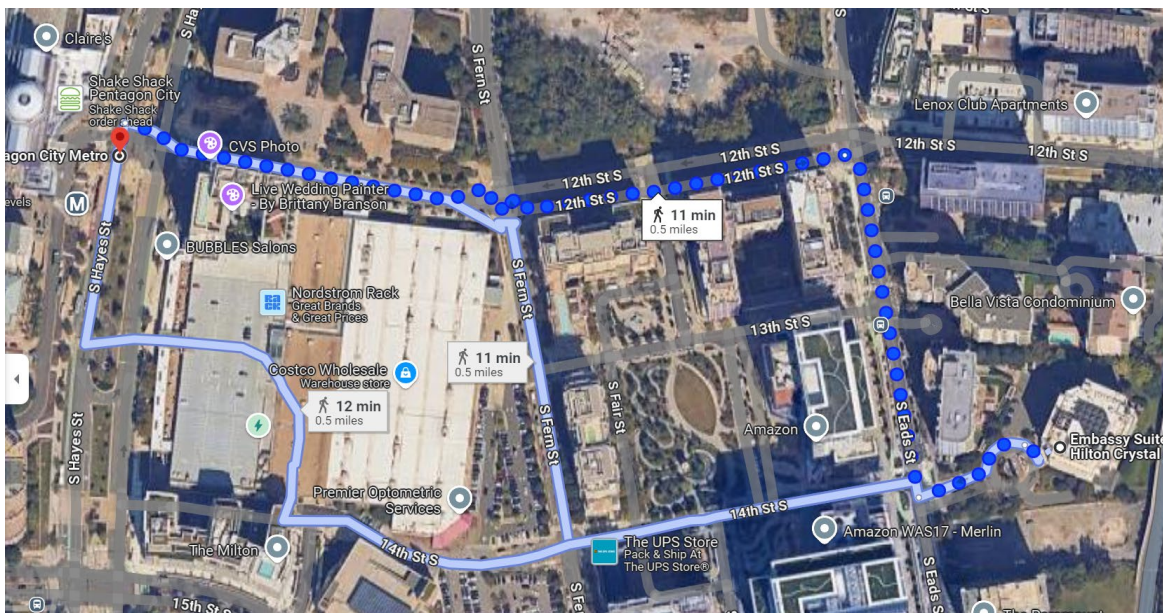
Crystal Water Massage
768 23rd St S, Arlington, VA 22202-2420
0.9 mile, 7 min drive

Origins Thai Spa
925 N Garfield St E, Arlington, VA 22201
3.2 miles, 8 min drive

Vishka Skin Care Spa
2300 N Pershing Dr 2nd Floor, Arlington, VA 22201-
1484
3.3 miles, 7 min drive

Coffee & Tea Shops (red pin drops) near Embassy Suites Hotel (big blue pin drop)





Walking Instructions to the DC Metro

- The Embassy Suites Hilton at Crystal City is nearly equidistant from the Crystal City Metro Station (0.4 miles) or the Pentagon City Metro Station (0.5 miles).
- While just 0.1 miles longer, the benefit of walking to the the Pentagon City Metro Station is that there are more food options before you start your adventure or upon your return. The Pentagon City Metro Station is also conveniently located at the Pentagon City Mall.



Points of Interest

- Arlington Cemetery – **Arlington Cemetery Metro Stop**
- The Smithsonian Museums, Korean War Veterans Memorial, Vietnam Veterans Memorial, & WWII Memorial – **Smithsonian Metro Stop**

Riding the Metro

- Both the Crystal City & Pentagon City Metro Stations give you access to the **Blue** & **Yellow** Lines
- Most “Points of Interest” are accessible via the **Blue** Line
 - **Going to Arlington or Washington DC**, look for the **Blue** line train labelled *Downtown Largo*
 - **Returning from Arlington or Washington DC**, look for the **Blue** line train labelled *Franconia-Springfield*



wmata.com
 Information: 202-637-7000 | TTY: 202-962-2033
 Metro Transit Police: 202-962-2121 | Text: MYMTPD (696673)

Legend

- RD Red Line • Glenmont / Shady Grove
- OR Orange Line • New Carrollton / Vienna
- BL Blue Line • Franconia-Springfield / Downtown Largo
- GR Green Line • Branch Ave / Greenbelt
- YL Yellow Line • Huntington / Mt Vernon Sq
- SL Silver Line • Ashburn / Downtown Largo

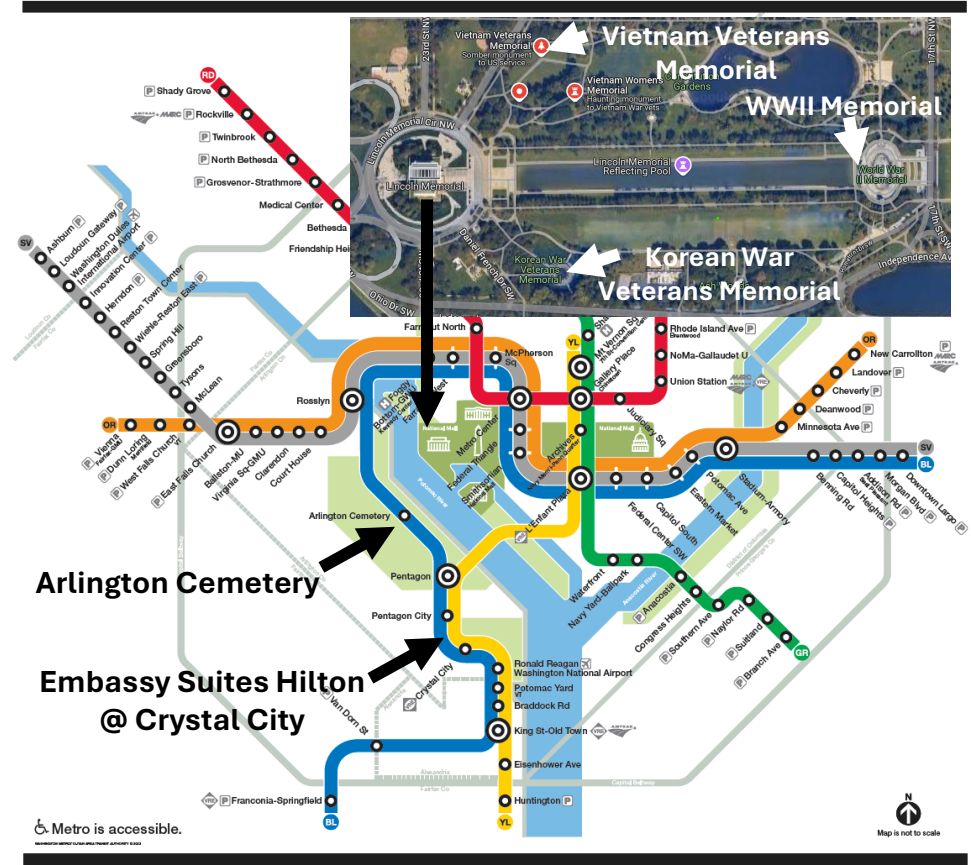
Station Features

- P Parking
- H Hospital
- A Airport

Connecting Rail Systems

Transfer Station

Station in Service



Metro is accessible.

- No Smoking
- No Eating or Drinking
- No Animals (except service animals)
- No Audio (without earphones)
- No Littering or Spitting
- No Dangerous or Flammable Items